



Glen Urquhart Childcare Centre

February 2021 Newsletter

This Term...

Hello and a huge Happy New Year to all! We hope that you all had a wonderful Christmas full of relaxation, good food and laughter. Unfortunately, we have not begun the year in the way we had hoped, however the ladies at the centre have been very busy in both the Oak and Chestnut rooms. There has been some rearrangement of resources, new wall displays hung and a big rotation of toys ready to welcome you all back. We hope you like the new layouts. We are looking forward to continuing our learning with both Jess from Arts Play and Liam our freelance musician, it brings such a happy and positive vibe to our nursery on a Tuesday and Thursday! Could you ask your child about their sessions with Jess and Liam? How does it make them feel? What they enjoy best about the sessions? What they would like to see next? and email in your responses to bookings@glenurquhartchildcarecentre.co.uk. It would be lovely to pop the children's voices into our floor books, but also help us to plan and prepare for future sessions.

This term, we have joined Tesco's cookery School with Jamie Oliver! We are looking for 15 families to join in on the journey with us. The aim of the programme is to help families with meal ideas, introduce more fruit and veg into home cooked meals and to aid with making more healthier choices. There will be seminars uploaded online where you can either watch live, or on reply where you will learn new cooking tips and tricks. For each participating family, you will be given a £30 Tesco voucher to help towards any ingredients needed. If you would like to take part, please just email bookings@glenurquhartchildcarecentre.co.uk and we will happily add you to our little Cookery school community.

Again, we are so, so grateful to all parents who are adhering to the COVID-19 guidance. Thank you for your continued patience!

COVID - 19 SYMPTOMS AND PROCEDURES:

We ask that anyone with Covid-19 symptoms remain at home, self-isolate and book a test.

Symptoms:

- High Temperature
- New Continuous Cough
- A loss or Change to Sense of Taste/Smell

Test can be booked online at www.nhsinform.scot/test-and-protect or by calling 0800 0282816

Cold like symptoms: If your child has cold like symptoms, such as a runny nose, they **do not** need to be tested and you **do not** have to self-isolate. If well enough, your child can still attend the nursery.

Information for parents and carers: Parent Club launched a new campaign on 31 July to support parents and carers with the return to school and ELC. (www.parentclub.scot/startback) includes information about the new guidelines, a wide range of Q&As as well as advice and support for managing mental health, and information about funded ELC.

SIGNS OF SPRING:

Although, still in our winter season, it won't be long until we start to see signs of spring popping up all around us! When out for walks, can you ask your child if they can see any signs of spring? Maybe they can draw us some lovely pictures? You can either send these to us via the bookings email above or when out on one of your walks you could pop it into the green crate outside the nursery doors for us to collect? We look forward to seeing your creations.

HEALTH AND WELLBEING:

If you feel your child has a lot of concerns right now, have a look at Dave the Dog:
<https://nursedottybooks.files.wordpress.com/2020/03/dave-the-dog-coronavirus-1-1.pdf>

The Bumps to Bairns website is a fantastic resource full of ideas and support. Please click on the link below to find ways in which your child can learn at home. There are also ideas for helping your child to deal with stress and worry during this challenging time. <https://bumps2bairns.com>

FOREST SCHOOL DAYS:

Please ensure your child comes to forest school appropriately dressed i.e., Wellies, a warm coat. As the weather changes, it may be best to pack gloves, hats, and waterproofs in your child's bag.

Chestnut Room - Wednesday

Oak Room - Thursday

Forest School is an inspirational process, that offers ALL learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment with trees.

ELC UPDATES

With our centre offering the 1140 hours, children who attend the nursery for more than 4 hours per day are provided with a funded nursery lunch. The lunches are made here on site and the menu can be found on our website and the welcome whiteboard during drop off. Copies have also been emailed. If you should require another copy, please just ask. If need be, speak to a member of staff if you have any cultural or dietary needs that we are unaware of.

ELC WEBSITE

Our webpage holds a generous range of information:

www.glenurquhartchildcarecentre.co.uk

Here you will find the Centre's handbook, policies, introduction to staff members and trustees, lunch menus, holiday dates, minutes from trustee meetings, and our own personal blog.

ELC BLOG

We encourage all parents to sign up to our blog.

Here you will get an email notification of any entries added. You will be able to see pictures and stories of what the children from both the Chestnut and Oak rooms have been up to. If you click on the link above, you will be taken to our website. At the top you will see the tab 'BLOG'. Click on this tab and scroll to the very

Important Dates

8th - 12th February - ELC enrolment week. The link is live via our Facebook page. If you require an emailed link, please pop us an email.

15th, 16th & 17th February - The centre will be closed for half term break.

16th February - Pancake day! We will do our pancake day with the children when we return from half term break (W/b 19th Feb).

4th March - World Book Day: more news to follow.

8th - 12th March: Mother's Day Craft week in time for Mothering Sunday 14th.

2nd - 16th April - Easter Break. Open as normal Monday 19th April.

Don't Forget...



Please remember to use easy fundraising every time you shop online! Over 4,000 shops and sites will donate, so you can raise FREE donations for us no matter what you are buying. These donations really help us out, so please sign up if you haven't yet. It's easy and FREE! You can get started at

https://www.easyfundraising.org.uk/causes/gucc/?utm_campaign=raise-

bottom of the page where you will see a box requesting your name and email.

[more&utm_content=en-n2](#)

Grants and Fundraising

Rag Bag: £81.60
Shoot Bamboo: £65
Alpkit: £225
Garfield Weston: £5000
Inclusion Fund: £1030
Corra Foundation: £6500
SCVO Recovery Fund: £5057
Hairtastic by Kerrsty: £50

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact. Help yourself to a free head lice comb located in our foyer

RAG BAG DONATIONS

We have a rag bag collection bin to the left of our front door. This service helps to raise much needed funds for the Centre through the recycling of clothing textiles.

We Accept:

Wearable clothing
Paired Shoes
Handbags
Belts

Will not Accept:

Work wear/Uniforms
Wet/soiled clothes
Curtains/carpets/towels
Duvets/Pillowcases
Blankets/Cushions/Linen
Suitcases/Books/Bric-a-Brac

Contact us on 01456 450 679 or 01456 459 255

Email: Audrey MacLennan – manager@glenurquhartchildcarecentre.co.uk

Donna Brady – administrator@glenurquhartchildcarecentre.co.uk

Sian Tembo – bookings@glenurquhartchildcarecentre.co.uk

